

CHICKPEA AND BEETROOT SALAD

PREPARATION

Soak the chickpeas overnight.

Rinse the chickpeas and cook them in fresh water until soft.

Cut the (possibly cooked) peeled beetroot into pieces. Add the drained chickpeas and season with cumin, pepper and salt. Mix with apple vinegar and olive oil. Add the apple and feta cut into pieces.

Sprinkle with roasted pumpkin seeds and serve.

INGREDIENTS

Chickpeas Beetroot

Cumin

Pepper

Salt

Olive oil

Apple vinegar

Apple

Feta

Pumpkin seeds

